

Dear Parent,

Empower, a division of Parkgate Health Services, Inc. will be presenting an Optimal Health/Sexual Risk Avoidance educational curriculum to the students at Tupelo Middle School. This program promotes “sexual risk avoidance” (SRA) while also teaching students about goal setting, decision making, healthy relationships, refusal skills, and character building. The 7 classroom sessions are to be held on February 7,8,14,15,21,22,28.

The content of the program is based on “Choosing the Best” curriculum and will greatly benefit your child. It is intended to help him/her avoid high risk behaviors and prepare for a brighter future. It is endorsed by the CDC (Centers for Disease Control) and the Mississippi Department of Education. The program has also been positively received by students. Each student will receive a workbook that they will be able to bring home at the end of the 7 lessons.

Copies of the materials are available for viewing in the office or at Parkgate Pregnancy Clinic. You may also follow us on Instagram at @empowertupelo for more content information.

Please call Jennifer Love

Empower Coordinator (205)492-5229 for any questions or concerns.

Please cut, sign and return:

_____ I desire that my child NOT attend this seminar even though the content is a school requirement of the Mississippi Department of Education.

Parent signature _____

Date _____