

*January*



# GLAUCOMA AWARENESS MONTH

Glaucoma is a leading cause of vision loss and blindness in the United States. But half of people with glaucoma don't know they have it.

Glaucoma has no early symptoms. The only way to check for it is to get a comprehensive dilated eye exam. There's no cure for glaucoma, but starting treatment as early as possible can help stop vision loss.

**ANYONE CAN GET GLAUCOMA, BUT SOME PEOPLE ARE AT HIGHER RISK, INCLUDING PEOPLE WHO:**

- ✓ Are over age 60
- ✓ Are Black/African American and over age 40
- ✓ Are Asian American
- ✓ Are Hispanic/Latino
- ✓ Have a family history of glaucoma

We encourage everyone at higher risk for glaucoma to get a dilated eye exam. It's the best way to protect your vision!



*Source: National Eye Institute*