



NORTH MISSISSIPPI MEDICAL CENTER

Wellness Center

1030 South Madison Street
Tupelo, MS
662.377.4141

Benefit Package to Tupelo Public School employees:

- Employee may join for \$50 (only **2 visits per month** required to maintain membership)
- Spouse and dependent children (age 12 – 26) may also join
- Child Care is available during limited hours for an additional charge
- Eighty (80) plus group exercise classes included with membership
- Family Fit Night every Friday night from 4:00 PM – 7:00 PM, a Wellness Center Member only benefit
- Wellness Center members receive reduced pricing in the Therapeutic Day Spa located in the Tupelo facility
- Wellness Center hours:
 - Mon – Thurs 4:00 AM - 10:30 PM
 - Friday 4:00 AM - 8:00 PM
 - Sat – Sun 5:00 AM - 7:00 PM
- Access to satellite facilities (Baldwyn, Pontotoc, luka, Eupora, West Point, Amory and Hamilton, AL)
- Should you have any questions or concerns, please feel free to give us a call at 377.4141. We look forward to seeing you soon!