



School Asthma Plan

Name: _____ Date: _____

School: _____ Age: _____

Instructions to School

1. If coughing or wheezing, give:
 - Albuterol 2-4 puffs with/without spacer and notify parent/guardian
 - Albuterol 1 treatment via nebulizer and notify parent/guardian

2. Pre-Medication, give:
 - Albuterol 2-4 puff with/without spacer 15-30 minutes prior to exercise
 - Albuterol 1 treatment via nebulizer 15-30 minutes prior to exercise

3. Recommend that student be allowed to carry and self-administer all asthma medications

4. Recommend that school nurse/personnel administer asthma medications and notify parents

5. Other instructions: _____

Parent Signature: _____

Physician Signature: _____