

# Allergic Reaction Care Plan

\*Information will be shared with appropriate school staff for your child's best care.

Use separate form for each allergy

\*Healthcare provider signature required

Student	Parent/Legal Guardian
Date of Birth	Home phone
School _____ School Year _____	Work phone
Bus _____ Car rider _____ Walker _____	Cell phone
Teacher _____ Grade _____	Emergency contact:
	Phone#

## ALLERGIC TO \_\_\_\_\_

€ Latex

€ Beestings - wasps – mosquitoes

€ Food (name each food)

€ Other

Child is allergic to \_\_\_\_\_ Will your child need medication regardless of symptoms? Yes \_\_\_ No \_\_\_

Does your child have asthma?  No  Yes, at risk for severe reaction

For these symptoms	Give: doctor please indicate
▶ <i>no symptoms</i>	<input type="checkbox"/> Epinephrine <input type="checkbox"/> Antihistamine
▶ <b>Mouth</b> -itches, tingles, or swells in the lips or tongue	<input type="checkbox"/> Epinephrine <input type="checkbox"/> Antihistamine
▶ <b>Skin</b> -develops hives, itchy rash, swelling of arms and /or legs	<input type="checkbox"/> Epinephrine <input type="checkbox"/> Antihistamine
▶ <b>Abdomen</b> - Nausea, abdominal cramps, vomiting, diarrhea	<input type="checkbox"/> Epinephrine <input type="checkbox"/> Antihistamine
▶ <b>Throat</b> -Tightening of throat, hoarseness, hacking, repetitive cough *	<input type="checkbox"/> Epinephrine <input type="checkbox"/> Antihistamine
▶ <b>Lungs</b> -Shortness of breath or wheezing *	<input type="checkbox"/> Epinephrine <input type="checkbox"/> Antihistamine
▶ <b>Heart</b> -Weak pulse, fainting, pale or blue color to skin *	<input type="checkbox"/> Epinephrine <input type="checkbox"/> Antihistamine
* <b>Indicates very serious- call 911 Immediately</b> * <b>Anaphylaxis can happen at any time</b>	
DO NOT HESITATE TO CALL 911 <i>If Antihistamine is given, call parent/legal guardian</i>	
DO NOT HESITATE TO GIVE MEDICATION <i>If Epinephrine auto-injector is used, call 911</i>	

What is your child's most usual sign/symptom during the allergic reaction? \_\_\_local swelling \_\_\_hives \_\_\_trouble breathing  
 \_\_\_ full faint, collapse "anaphylaxis" other \_\_\_\_\_

**This care plan serves as medication permission form when signed by healthcare provider and parent/legal guardian.**

Pediatric Dose - <b>Healthcare provider to fill out</b>	Adult dose - <b>Healthcare provider to fill out</b>
Benadryl 12.5 mg ___tsp ___tablet ___gel capsule	Benadryl 25 mg ___tsp ___tablet ___gel capsule
Epi Pen 0.15 mg auto-injector (# of pens _____)	Epi Pen .3 mg auto-injector (# of pens _____)
Twin-ject 0.15 mg auto-injector (# of pens _____)	Twin-ject .3 mg auto-injector (# of pens _____)
€	€
LOCATION OF MEDICATION _____ Date of Expiration: _____	<i>All auto-injector epinephrine is given IM (intra-muscularly). Asthma inhalers do not replace auto-injector epinephrine.</i>
<b>Healthcare Provider: Complete for Student who will self medicate</b>	
<input type="checkbox"/> Student has been instructed in proper use/care of his/her medication <input type="checkbox"/> It is my professional medical opinion that he/she <b>be allowed</b> to carry/store this medication by him/herself <input type="checkbox"/> It is my professional medical opinion that he/she <b>not be allowed</b> to carry/store this medication by him/herself	

## Special instructions:

**Healthcare Provider Signature** \_\_\_\_\_

Date \_\_\_\_\_

**Parent/Legal Guardian Signature** \_\_\_\_\_

Date \_\_\_\_\_

Phone \_\_\_\_\_ FAX \_\_\_\_\_

Daytime Phone \_\_\_\_\_

School Nurse \_\_\_\_\_ Date \_\_\_\_\_