



ARTS INTEGRATION

USING THE ARTS TO DE-STRESS & CONNECT

AUGUST 2020- TUPELO PUBLIC SCHOOL DISTRICT



What's inside

Using the Arts To De-stress & Connect with Our Students

How to Use Arts Integration in your Classroom Safely

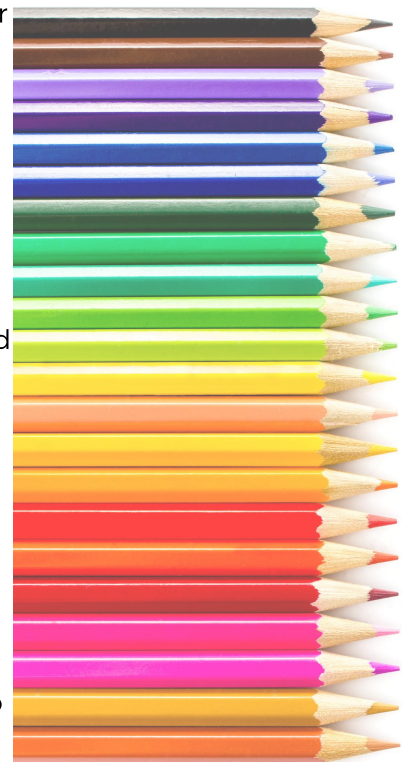
Questions for Great Art Discussions & Journaling

Art Activities & Art Inspiration

Using the Arts to De-stress & Connect

The arts are uniquely positioned to address the social emotional needs of our students during this uncertain time. Think about your own experiences when we were quarantined and sheltering in place. You most likely turned to books, theatre/ movies, music, art, and maybe even a little kitchen dancing to get through the lengthy stay at home. We watched the people from Italy singing through their streets, conduct instrumental ensembles from balconies, and numerous viral dance videos made the rounds. Art is sometimes seen as the extra, the thing that we get to experience if we have enough time, or the icing on top of the cake, but I argue that it runs much deeper than that and art has the ability to connect us in a deeply human and a profound way. When we are at our lowest, we turn to the arts to lift us up. Allowing students to create, and creating an environment/ classroom that is a safe place for creative self expression is an important step towards social emotional learning and healing.

As we all know, our students have many needs and they, like us, are feeling overwhelmed and uncertain right now. They need to connect on a deeper level beyond facts and data. Consider bringing in an art form once a week or even daily to enjoy together, to discuss and even participate in. Have students journal or create art critiques on the experience. The arts appeal to our senses and students will have emotional reactions with opinions they want to share. This is a constructive way to both observe and respond utilizing vocabulary while also allowing the opportunity to feel and self-reflect. During times like these, feeding our soul and creating connection is one of the most critical things we can do for our students and ourselves.



How to Use Arts Integration in your Classroom Safely

We certainly don't have all the answers during this trying season, but I know we have all thought creatively as to how to bring our students back in our classrooms in the safest ways possible. With great respect and awareness of our current health crisis, teachers have still thought about teaching in engaging ways and doing what's best for kids. We know that children respond to learning experiences not worksheets. There are some ways we can conduct these experiences safely while being very cautious and mindful of health concerns. In addition to hand washing (*or hand sanitizer*) before and after activities the following approaches will help keep our activities as safe as possible:

Visual Art:

Individualized supplies
Work smaller than usual
Paper Collage
Utilize videos with demo
Ziploc bags for storage /easy clean up

Music

Create instruments rather than singing
focus on rhythm/ percussion instruments
observe / listen / reflect
Songwriting

Theatre

At your seat Tableaus/ Strike a pose to convey idea/ vocabulary
Shadow Puppets/ Puppet theatre
Journaling / Responding to the Arts

Dance

Create a dance sequence to reflect a math formula
Create a dance move to reflect a process/ procedure
Create a dance sequence to remember important facts

Questions for Art :

(this can apply to all art forms visual, music, dance, theatre)



What does this piece of art remind you of?

Why do you think the artist (painter, musician, sculptor, etc.) chose to create this piece of art ?

If you could give this work of art a title what would it be?

If this piece of art was part of a story, what happened before this point? What is going to happen next?

If you could ask the artist one question about this work, what would it be?



ARTS ACTIVITIES & ARTS INSPIRATION:

Elementary Students

Trombone Shorty read by Angela Bassett
The Kids Should See This Videos

Music Monday: Bean Tambourine
Children's Museum of Atlanta (GA)

Kitchen Percussion
Marbles Kids Museum (Raleigh, NC)

DIY Rainsticks
Providence Children's Museum (RI)

Shadow Art
The Kids Should See This Videos

Pierre et le Loup (Peter & the Wolf)
Animated Typography
The Kids Should See This Videos

Create a construction set with interlocking slots,
a Tinkering Studio DIY project
The Kids Should See This Videos

Secondary Students:

Origami artist Sipho Mabona
The Kids Should See This Videos

Paper Animation
The Kids Should See This Videos

Automata artist Keith Newstead's Curious Contraptions - Art & Engineering
The Kids Should See This Videos

The Culture of Us: Yo-Yo Ma's crowd-sourced music video
The Kids Should See This Video

Remember this Resource for full lesson plans :

Education Closet

(click the link above and also check with your site Curriculum coach for access to even more grade level /content specific lessons in arts integration from the Accelerator Program K - 12th grade !)