

# 10 MINUTES TO LET YOUR MIND WANDER (WHO KNOWS WHERE IT MIGHT LEAD?)

\_\_\_\_\_ Date:

Two things you've  
never done, but  
would love to try:

One thing that might  
scare others, but  
doesn't scare you:

Three things about  
this time of year:

Two things in your life or the world around you that  
are changing:

1

  
  

2

Three little things  
that mean a lot:

1

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2

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3

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One thing you're thinking about, but not quite ready to  
talk about yet:

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