

**School Asthma Plan**

Name: Date: School: Age:

Instructions to School

1. If coughing or wheezing, give:
   * Albuterol 2-4 puffs with/without spacer and notify parent/guardian
   * Albuterol 1 treatment via nebulizer and notify parent/guardian
2. Pre-Medication, give:
   * Albuterol 2-4 puff with/without spacer 15-30 minutes prior to exercise
   * Albuterol 1 treatment via nebulizer 15-30 minutes prior to exercise
3. □ Recommend that student be allowed to carry and self- administer all asthma medications
4. □ Recommend that school nurse/personnel administer asthma medications and notify parents
5. Other instructions:

Parent Signature:

Physician Signature: